

Dear Sir/Madam,

Please click on the link below and check the **Registration form** that will be sent to all the council affiliated schools for registering the PE teacher. This will help us in getting the online data for all the regions.

<https://forms.office.com/Pages/ResponsePage.aspx?id=uaA8TgdQvEyKAix5SZrjV7J1IrGeuXtCgMAjtsrvJAFUOU5CRVBRNzJMMTJHV0NHRlI1VTk2Qkk2Mi4u>

Alternately scan the below QR Code to access the form



Please share your feedback/inputs/suggestions positively by today evening.

With regards

Yours sincerely

Arijit Basu
Deputy Secretary – Finance
CISCE

Dear Sir/Madam,

Please find attached the details of the Khelo India training programme requirements and the subsequent stages in the programme.

ARRANGMENTS FOR TOT (Training Of Trainers)

1. Attendance sheet and details (in the format attached) of the attendees
2. Photographs and small videos(duration 1 min. each) of the TOT
3. Check the arrangement, equipment availability and other facility provided by the host/venue school of conducting the TOT(list attached)
4. Ensure the arrangement and facility properly provided at venue.(like computer, projector, equipment & internet etc)
5. kindly share the attendance sheet in excel sheet format instead of scanned sheet.

After TOT the following stages will be there :-

- 1) The Programme is divided particularly into three parts:
 - **Registration of schools on portal**
 - **Uploading of Students data on portal in the prescribed format**
 - **Fitness assessment of school children through mobile app**
- 2) There is timeframe or time line decided for the above-mentioned steps is given below:
 - i) **Registration of schools-** to be done at the time of TOT therefore Participants should come along the info required to register their Schools like school code, affiliation number, Principal's Details (mail id & contact details)
 - ii) **Uploading of Students data on portal** in the prescribed format- "**PersonalProfile**" (as attached) prior to TOT which can be done if Participants(PET/PTIs) should come along data of students (class 1-12) in their pen drives as uploading of this data can be done during the TOT itself thereby saving time and speeding up the purpose
 - iii) **Fitness Assessment** of school children to done within 15 days after attending TOT
- 3) **E-certificates for Trainers/ Participants (PET/PTIs) will be issued only once the Assessment is completed.**

PURPOSE: To Assess fitness of all school going children bases on parameters through Khelo India Mobile App

- To map the fitness levels of the children across the country and coach them.
- To motivate parents, teachers and children.
- To achieve suggested fitness benchmarks.
- To develop the National fitness Index (NFI) for the very first time ever for the children of this country. We have no such mechanism or currency existing as of now.
- To identify the potential sports talent amongst the children and further used for mapping and recommending sports disciplines for shortlisted children.
- The fitness section the most dynamic feature of APP – Identifying young sports talent through a scientific fitness mapping exercise of children is a USP of this Mobile App.

How to register a School/Download Assessor and Parent Apps: <https://schoolfitness.kheloindia.gov.in>

Videos of Fitness Assessment Tests: <https://schoolfitness.kheloindia.gov.in/StaticPage/TestVideos.aspx>

Features and Benefits: <https://youtu.be/AXtY1w6K244>

With regards

Arijit Basu